

Massage Therapy Treatments

Relaxation Massage

Surrender yourself and unwind as our therapist uses our uniquely blended aromatic balms to relax the whole body in this Swedish- style massage.

30 min - \$65
45 min - \$75
60 min - \$95
90 min - \$138

Therapeutic Massage and/or Sports Massage

Our signature massage, this therapeutic styled massage is designed to relieve muscular tension, aches, and pains, breakdown adhesions and improve movement and circulation throughout your body. This is a firmer massage that will aid in soft tissue function: muscles, tendons and ligaments.

30 min - \$68
45 min - \$78
60 min - \$98
90 min - \$138

Aromatherapy Massage

*Take your massage to another level and enjoy a sensorial escape from SOTHYS. Aromatherapy massage will uplift or relax your senses. Choose between: **Orange Blossom and Cedar wood, Lily and Bamboo or Lemon and Petigrain.***

30 min - \$68
45 min - \$78
60 min - \$98
90 min - \$138

Pre-natal Massage

A specific massage for that special mother to be. A carefully selected blend of oils will improve your skins elasticity, increase circulation and leave you thoroughly relaxed. Mother-to-be bliss!

30 min - \$68
45 min - \$78
60 min - \$98

Facial Therapy Treatments

All cleans, tone and moisturiser will be selected to suit your skin type.

Express Spa Facial

30 min - \$69

This facial starts with a cleanse and gentle exfoliant, followed by a personalised mask, finishing off with silky soft moisturiser and eye cream.

Classic Spa Facial

60 min - \$99

Our classic facial begins with a cleanse, gentle exfoliant and massage, followed by a personalised mask & eye treatment and finishes off with a tone and moisturise. This relaxing facial also includes a hand/arm or scalp massage.

Signature Spa Facial

90 min - \$130

This treatment begins with a foot spa, exfoliant and foot massage allowing you to fall into a deep relaxation before starting the facial - cleanse, gentle exfoliant, massage, personalised mask, eye treatment, tone and moisturise as well as an hand/arm or scalp massage.

Facial Upgrade

15 min - \$10

Allow our trained therapists to determine your skin type, give advice for a facial programme and product recommendations to ensure your skin looks and feels it's best.

Body Therapy Treatments

Back Delight Facial

45 min - \$75

A detoxifying treatment for the back including exfoliation, massage and mask treatment. This back treatment is great for problematic skin issues or for special occasions.

Body Buff

60 min - \$95

Experience an energizing full body buff. Dull, lifeless skin will be stimulated leaving your skin feeling smooth, hydrated and refreshed.



Manicure and Pedicure Treatments

The complete care for your hands and feet. Our manicures and pedicures are specialised therapeutic treatments that encourage healthy nails and skin.

Manicure

Gel nail application	45 min - \$55
Gel nail application and removal	60 min - \$75
Indulgent spa manicure	60 min - \$95
Express manicure (Non-gel)	30 min - \$45

Pedicure

Gel nail application	45 min - \$60
Gel nail application and removal	60 min - \$80
Indulgent spa pedicure	60 min - \$105
Express pedicure (Non-gel)	30 min - \$50

Extras

French Polish (add onto existing treatment) - \$11

Other Beauty Treatments

Our eye treatments shape and tint your lashes and brows to absolute perfection and our waxing treatments ensure you look and feel your best.

Eyes

Brow Shape - \$22	Brow Tint - \$15
Lash Tint - \$25	Eye Trio - \$50

Wax

Lip - \$9	Chin - \$12
Full Leg (45 min) - \$56	½ Leg (30 min) - \$45
Full Leg + Bikini (60 min) - \$70	Bikini (15 min) - \$22

Products We Use

SOTHYS

Exclusively in top institutes and spas, Sothys is a highly specialised brand that has always stood out with its extraordinary commitment to research and innovation in the beauty world. This French company delivers their highly specialised products to spas and institutes all over the world.

Joyce Blok Natural Skincare

Joyce Blok offers some of the highest quality formulations within our skin care collection. The entire range possesses a strong emphasis on natural, active New Zealand ingredients while the research and development of all new products draws on worldwide advances in skin care.

Esentials New Zealand Balms & Creams

Made in Taupo with all natural ingredients. We have partnered with Esentials NZ to create an authentic New Zealand Massage balm unique to Emerge and just for you. Packed full of therapeutic ingredients such as Manuka Honey Beeswax, oils from kanuka, grapeseed, avocado and apricot, This massage balm aids in relaxation, and muscular aches.

IBD's 'Just Gel' Nail Polish

Just Gel Polish provides a chip free manicure that lasts for weeks, it is durable, high gloss in colour and provides a mirror glass finish.



Massage/Beauty Treatment Information

Available Times

Monday – Sunday

Bookings

Treatments subject to availability. Booking in advance is advised; especially for specific time requests. Please arrive ten minutes prior to your appointment. We will ask you to complete a short consultation form to ensure there are no contradictions.

Cancellations

We would appreciate notice of cancellation at least an hour prior to your appointment. Cancellations made within an hour of the appointment time will incur a 30% cancellation fee.

Health Concerns

Please speak directly with one of our qualified therapists if you have any specific health concerns.

Our Therapists

We carefully select our Spa Therapists for their expertise and professional ethics. We would greatly appreciate it if you would kindly refrain from asking for any additional services that are not listed on our treatment menu.

Contact Details

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emerge
HEALTH CLUB

Beauty Treatment Menu

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