

# BREAKFAST

## SEASONS BUFFET

	PRICE	SUPL
CONTINENTAL   Granola   Cereals   Hot Organic Oatmeal   Assorted Yoghurts   Fresh Fruit Salad Selection of Pastries   Toast   Preserves   Jams   Smoked Salmon   Cheese Board   Selection of Cold Meats Selection of Juices & Smoothies   Tea or Coffee	21	
THE IRISH (Includes Continental)   Selection of Juices & Smoothies   Tea or Coffee	28	

## HEALTHY START

BIRCHER MUESLI PARFAIT   Toasted Granola   Seeds & Nuts   Low Fat Greek Style Yogurt	9	6.50
ORGANIC OATMEAL   Fresh Berries   Honey   Toast	7.50	5.50
EGG WHITE FRITTATA   Spinach   Cherry Tomato   Garden Herb Ricotta   Veggie Sausages	12.50	8
SEASONAL FRUIT PLATE   Mango Yoghurt   Banana Bread	9	6.50
SMOKED SALMON BAGEL   Cream Cheese   Capers   Red Onion   Lemon	12.50	8

## CRACK AN EGG

We proudly use Free Range Irish Eggs

TRADITIONAL   2 Eggs any style   Sausage & Rasher   Grilled Tomato   Toast	12	7.50
THE BALLSBRIDGE BENEDICT   Irish Gammon   English muffin   Hollandaise	14	10.50
ROYAL BENEDICT   Fruity Brown Bread   Lobster   Tarragon Hollandaise   Sweet Paprika	19	14.50
CHOICE OMELETTE   Ham   Cheddar   Tomato   Onion   Red Pepper   Spinach   Mushroom	14	8.50
SCRAMBLED SALMON   Irish Smoked Salmon   Chives   Toasted Sourdough	15	9.50

## SWEET INDULGENCE

LEMON RICOTTA PANCAKES   House Made Blueberry Jam   Canadian Maple Syrup	11	8.50
CINNAMON BRIOCHE FRENCH TOAST   Banana   Crushed Candied Pecans   Maple Butterscotch	11	8.50

## A LITTLE EXTRA

SIDES   American Bacon   Irish Rashers   Pork Sausages   Carved Ham   Baked Beans Veggie Sausages   Black & White Pudding   Smoked Salmon   Broiled Kippers & Lemon Fresh Seasonal Berries   Selection of Yoghurts   Cheese Selection	6	6
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## MORNING BREW

Fresh JUICE   Ruby Grapefruit   Orange	5.00	CAPPUCINO   LATTE   MOCHA	4.95
Juice: Mango   Pineapple   Cranberry	4.00	TEA   Black   Oolong   Green	
Apple   Tomato		Earl Grey   White   Herbals	4.95
SMOOTHIE	6.50	COFFEE   DECAFFEINATED	3.95
DAILY JUICE	5.00	MILK   HOT   COLD	2.50
ESPRESSO	3.00	HOT CHOCOLATE	5.75
AMERICANO	4.50	Marshmallow   Cream   Chocolate Stick	

All Prices Are VAT Inclusive

Please inform your order taker of any special dietary requirements, including any food allergens or intolerance that we should be made aware of when preparing your menu request.  
If you require further information on the ingredients in our menu items or the steps that we have taken to minimize cross contamination with specific ingredients, please ask us so that we may assist you in making an informed or alternative choice.