



A MATTER OF TASTE

A PERFECT TART

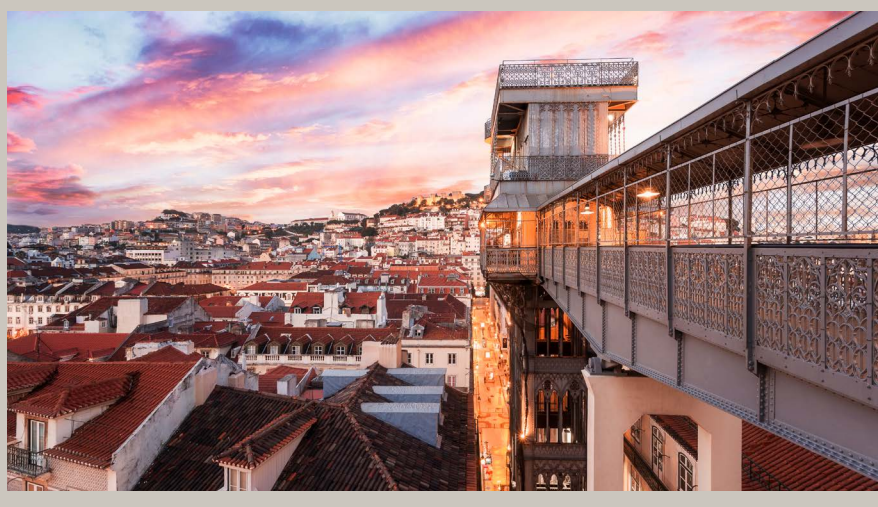
Mid-morning treats don't get much more gorgeous than Pastéis de nata from the Fábrica de Pastéis de Belém. First created by the monks of the Jerónimos Monastery, they are small tarts made with egg yolks, sprinkled with cinnamon and oozing with the most delicate of sweetness.

MUSICIAN'S CORNER

The Café Guarany is one of Porto's oldest and most iconic cafés, beloved of writers, intellectuals, musicians and businessmen alike. It's got a creative aura about it that will have you reaching for your notebook as you sip your hot chocolate or cool drink.

FINE DINING ON THE OCEAN

Something special awaits you at the Fortaleza do Guincho, a Michelin-starred restaurant offering fine Portuguese cuisine. The menus are inspired by the Atlantic, so as you'd expect, fish and seafood are in abundance, along with national produce of the highest quality.



A SIGHT TO BEHOLD

GO WEST

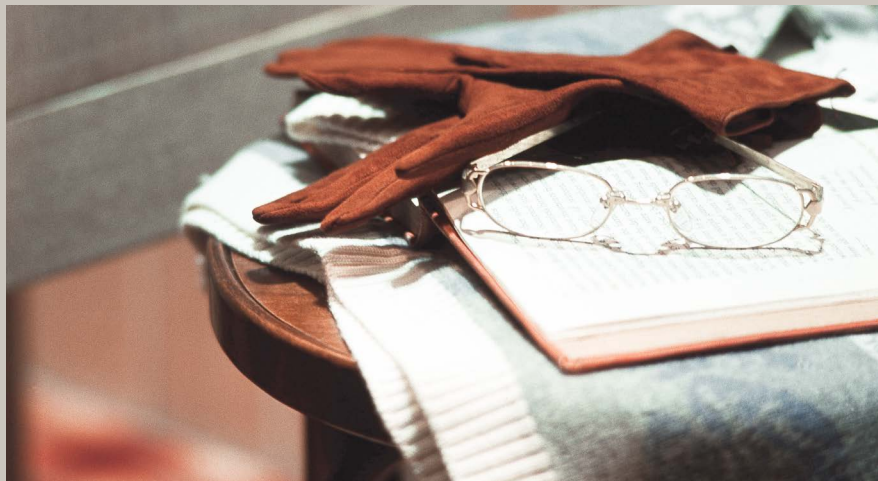
Book a Segway tour of Cascais for a tour with a difference, or head out to Cabo da Roca, the most westerly point of Europe. It's part of the Sintra-Cascais Natural Park, and is a good starting point for a walk along the dramatic coastline.

LISBON'S HISTORIC ELEVATOR

The extraordinary Santa Justa lift opened in 1902, and 100 years later this cast iron structure was classified as a national monument. It connects the highest and lowest points of the city, and the viewpoint is well worth a visit.

ON THE WATER

The Six Bridges Tour along the Douro takes just under an hour, and is one of the best ways of taking in the classic sights of Porto. Cruise past the Monastery Serra do Pilar, and glide beneath the six bridges that unit Porto and Gaia. Most leave from Gaia or Ribeira quay.



A PARTING GIFT

THE 'CATHEDRAL OF PORT WINE'

The lovely façade of Garrafeira do Carmo promises delights within, and does not disappoint. Step inside and you'll find an impressive range of Portuguese wines. But the real treasure in this shop is Port, and you'll find a variety and quality to suit any taste.

MARKET DAY

Cascais markets, held on Wednesday and Saturday mornings, are colourful, friendly affairs. Join tourists and locals shopping for fruit and vegetables, and look out for opportunities to bag a bargain amongst the clothes, crafts and regional products.

THE WORLD'S SMALLEST SHOP?

As you'd expect, Lisbon has all the luxury fashion brands you'd want. For something rather different, squeeze into tiny Luvaria Ulisses. Still with its original 1925 décor, it's Portugal's only dedicated glove shop, and offers a glimpse of 1920s glamour.

Contacts

Fábrica de Pastéis de Belém

<http://pasteisdebelem.pt/>

Rua de Belém nº 84 a 92, 1300

– 085 Lisboa

Café Guarany

4000-066 Porto <http://www.cafeguarany.com/en/Utilities/Homepage.aspx>

Avenida dos Aliados, 85/89

Fortaleza do Guincho

<http://www.fortalezadogu-incho.com/Default.aspx?areald=7#.WBNnHvorLcs>

Fortaleza do Guincho, Estrada do Guincho, 2750-642 Cascais

Go West

<http://www.cm-sintra.pt/pos-tos-de-turismo#posto-de-turismo-do-cabo-da-roca>

<https://www.visitportugal.com/en/NR/exeres/B1743B31-3190-4769-9EFD-9E911FF4C813>

B1743B31-3190-4769-9EFD-9E911FF4C813

Santa Justa lift

<http://www.carris.pt/en/elevators/>

Garrafeira do Carmo

<http://www.garrafeiracarmo.com/>

Rua do Carmo, 17-18, 4050-164 Porto

Cascais markets

<http://www.visitcascais.com/en/culture/markets-and-fairs>

<http://www.visitcascais.com/en/culture/markets-and-fairs>

Luvaria Ulisses

<http://www.luvariaulisses.com/uk/>

Luvaria Ulisses, Rua do Carmo, 87-a. 1200-093 Lisboa

Our Portugal hotels

InterContinental Estoril

InterContinental Lisbon

InterContinental Porto

