## **INSIDER COLLECTION**

### WELCOME TO GREATER CHINA INSIDER COLLECTION IDEAS

Truly memorable meetings and events with authentic local flavour – that is the inspiration behind the InterContinental Insider Collection.

Our network of hotels and resorts is global; our knowledge and expertise local, giving planners guaranteed choice, range and depth to add to any meeting or conference. With each hotel offering its own bespoke selection of services, and every experience designed around you, the InterContinental Insider Collection delivers unique events firmly rooted in their location with a rare, but tangible sense of place.

The options are limitless, the local knowledge rich, the service professional and faultless, the delegate experience enriching and rewarding every time.

Sample for yourself some of our wonderful Shanghai experiences.



# **INSIDER COLLECTION**



#### **Insider Locations**

Choose an InterContinental venue for your event and a world of possibilities opens up. As locals, your hotel team hold the key to a side of your locality tourists never see. What and who they know gives you an exclusive mix of authentic venues and experiences to play with.

#### **Insider Breaks**

With Insider Collection even your breaks are fulfilling experiences. From serving up a delicious lunch of provincial dishes for a taste of regional cuisine to spending some quality time with your Concierge team to get their best insider tips, a few minutes out of your busy schedule becomes a whole experience in itself.

#### **Insider Interactions**

This team-building experience will help your delegates connect with each other as never before. Using the unique character, heritage or geography of your destination to inspire interaction, each experience, whether based on or offsite offers an original way to engage delegates and motivate them to build effective working relationships.

#### **Insider Speakers**

Bring your event to life with an inspirational speaker – someone who can really strike a chord with your delegates and enrich their experience beyond measure. Fascinating and engaging, motivating Insider Speakers range from celebrities and cultural experts to sporting heroes. Whatever their passion, they all have a local connection and you will discover that their unique insights and local know-how make your event one to remember.

#### **Insider Community**

There's nothing quite like immersing yourself in the community to gain an added depth and understanding to your experience in a new destination. Insider Community has been designed to benefit local people and create truly memorable and meaningful experiences for your delegates too.

## **INSIDER LOCATIONS**

#### Xin Tian Di - New, Heaven and Earth

Xin tian di is located on an area of traditional shikumen ("stone gate") with houses and narrow alleys and charming buildings from the past.

Eighty-two years ago, meetings held inside one of the old Shikumen at Xin Tian Di were chaired by the original Chairman, Mao Zedong. Attending were the first comrades. Together they formed what would be the communist party, which transformed all of China.

Today Xin Tian Di has an active nightlife all week surrounded with romantic settings and restaurants serving everything from traditional shanghainese cuisine and tea to trendy tapas and champagne



## **INSIDER LOCATIONS**



### Shanghai Cruise on Hangpu River

A cruise, a cocktail reception or a sit down dinner while at the same time enjoying shanghais famous river cruise

Join us for an authentic view of the past from the Bund and heart of the famous colonial-era buildings in Shanghai and the futuristic sights of Pudong's modern skyline of tomorrow – a place where old meet new in an ever developing buzzing Shanghai

### **INSIDER SPEAKERS**

### How to live in harmony with the natural world and your inner self -By our Feng Shui Master

Dating back over 4000 years, Feng Shui, which is the study of geomancy, literally means "wind" and "water. According to traditional beliefs, this delicate balance of nature consists of the 5 elements – water, wood, fire ,earth and metal ensures that the spirits are appeased and harmony achieved.

We will invite our Feng Shui Master xxxx to share the philosophies and principals of this ancient craft through a presentations and showing samples and ideas how to follow this widely spread beliefs. He will also give advice on your personal Feng Shui, which is determined by the date and time of ones birth in association with the Chinese lunar calendar and how to achieve well being, harmony and prosperity



### **INSIDER SPEAKERS**

# The story and history behind Chinese Zodiacs

Legends and mythology are a big part of Chinese culture, especially in relation to the Chinese Zodiac. The 12 animals that appear on the Chinese Zodiac calendar include a rat, ox, tiger, rabbit, dragon, snake, horse, goat, monkey, rooster, dog and pig. It's an unusual combination of animals for sure, and their appearance on the Chinese Zodiac is the topic of countless legends and is deeply embedded in Chinese mythology.

The most well-known of the Chinese zodiac legends states that Buddha invited the animals to participate in a race. The prize was a coveted position on the Chinese Zodiac calendar. The first 12 animals to cross the river would appear on the Chinese Zodiac calendar in the order in which they completed the race

Want to know more about the story and your zodiac background?



### INSIDER COMMUNITY

### Make a difference and bound as a team

InterContinental Shanghai Expo has from the early stages of pre opening of the hotel to this date formed a close relationship with Bao Bei foundation. Bao Bei is a non profit organiztion helping and supporting Chinese orphans with neurological and gastrointestinal disorders requirng surgery and care.

Activites we do includes visiting the care center holding and nursing the children giving them a hug, feeding them, playing, foundraising can be both in money donation or children products such as dipers, food and toys .

We can orginize similare events for your group to give you and your collegues the opperunity to make a difference and spend some quality time with this special childrens that really needs your affection and contribution for a great start of their new life



## INSIDER COMMUNITY

# Visit an elderly home and listen to the tales of old shanghai

Since the early stages of InterContinental Shanghai Expo we have been close to our local community helping out and meeting with its residents. An activity that's always much appreciated is or visits to the local elderly home. Now you as a team can do the same. Spend an afternoon and get close to the people that shaped shanghai to what it is today. We arrange a range of activities that you can enjoy together and sit down for lunch or dinner and really get to know and listen to their stories. A great day for a good cause.



# **INSIDER INTERACTIONS**

#### A true Dim Sum Experiance

The Dim Sum Story

The unique culinary art of Dim Sum (Cantonese) or Dian Xin (Mandarin) means "a little bit of heart" and originated in China hundreds of years ago. It is said to have started along the Silk Road where farmers, laborers and travelers often stopped at roadside teahouses to have afternoon tea, and relax, an olden day's version of the local neighborhood bar in which is also how the term "Yum Cha" (to drink tea) became synonymous with consuming Dim Sum.

Learn the secrets behind this delicious tradition.Led By our Hong Kong Master Chef Pan and his team we will guide and learn you the teqnuiches how to roll, fill and seal Xiao Long Bao for a true in the know experiance







# **INSIDER INTERACTIONS**

#### Hairy Crab – A Seasonal Treat

Hairy crab also know as Chinese mitten crab is a famous delicacy in Shanghai cuisine and is prized for the female crab roe. The crab meat is believed by the Chinese to have a "cooling" (yin) effect on the body.

The most sought after hairy crab is from just outside Shanghai and Yangcheng lake which are considered a delicacy.

There is many ways to prepare this local delicacy and our Chinese Master Chef pan have put together a classic tasting menu of the most popular dishes. When eating hairy crab there is a special set of rules to follow and Chef pan will guide you through the ritual.

Hairy crab is season is in the autumn as they mature between September and December. Male crabs (which have more meat) are best in September and female ones (which have roe) in October.



# **INSIDER BREAKS**

### IN THE KNOW – CHINESE TEA

One of the world most consumed beverages tea, originated from China as far back as 2737BCE and was discovered by Chinese emperor Shennong when a tea leaf fall into water that he was boiling. It was then spread throughout the continents with the extensive trade China was involved with.

In China tea is considered one of the seven necessities of Chinese life, along with firewood, rice, oil, salt, soy sauce and vinegar.

There is believed to be between 700-1000 different variations and all very regional pending on climate and seasons

We will demonstrate the do and don'ts for a authentic tea ceremony and tasting. We have chosen to show you one of the most popular variants – puer tea from simao region in Yunnan province

*Puer tea* can be drunk immediately or aged for many years; *Puer* teas are often now classified by year and region of production much like wine and whiskey.

We have paired this tasting of puer tea with selected snack both sweet and savoury that match the flavours of the tea

# lobbylounge



## **INSIDER BREAKS**

#### **Beijing Duck**

The origin of the Peking Duck dates back to the Ming Dynasty, about 600 years ago. Chefs from all over China traveled to the capital Beijing to cook for the Emperor.

Many of the Chefs recipes were smuggled out of the kitchens and onto the streets of Beijing, this included the Peking duck. With the eventual fall of the Qing dynasty in 1911, court chefs who left the Forbidden City set up restaurants around Beijing and Peking duck has become a national symbol of China.

Watch and admire the skills of our carver while he slice and prepare this mouthwatering dish wrapped in its pancakes with hoi sin sauce. We also make a flavorful stock of the duck bones and serve it Cantonese style with congee for a little bit of a twist.

